



**TAAAAASTY!**



# FOOD AND DRiNK

## ➤ MENU ◀



**SCAN TO ORDER**



**SCAN THE STAR**

to view our menu, order and pay.  
We'll bring your order to your lane or table.



If you have an allergy, please refer to the allergy information on the back page of this menu and speak to a team member.

# SNACKS & SHARERS



**ANY 3 FOR £12.99**

Only 1 nacho sharer per offer

**DEAL**

## CHICKEN TENDERS^

**£5.19**

Breaded chicken breast fillets, served with a BBQ dip (369 kcal)

## KICKIN' CHICKEN BITES^

**£5.29**

Popcorn chicken bites with a kick, great to share and served with a BBQ dip (618 kcal)

## MAC 'N' CHEESE BITES V

**£4.95**

Finger-friendly pops of Mac 'n' Cheese, encased in a crisp breadcrumb coating (777 kcal)

## NACHO SHARER V

**£7.99**

(SERVES 2)

Tortilla chips topped with a tantalising medley of salsa, sour cream, guacamole, sliced jalapeños and melted cheese (795 kcal per serving)

## MARGHERITA PIZZA TWIST V

**£5.05**

A tomato and mozzarella pizza... literally with a twist (386 kcal)

## MOZZARELLA STICKS V

**£4.95**

Creamy mozzarella cheese in a stylish breadcrumb jacket, served with a salsa dip (486 kcal)

# EYES ON THE FRIES

## FRIES V

(335 kcal)

**£2.69**

## LARGE FRIES V

(533 kcal)

**£3.69**

## ADD CHEESE TO FRIES V

(248 kcal)

**£1.00**

## ONION RINGS V

Tasty onion rings coated in golden crispy breadcrumbs (410 kcal)

**£3.89**

## SEASONED FRIES V

**£3.89**

Our classic large fries, dusted with seasoning for a burst of flavour (540 kcal)

## LOADED FRIES^ V

**£5.69**

Seasoned fries stacked with cheese, crispy onions and BBQ sauce (951 kcal)



**GET A LOAD OF THIS**



**NOM NOM**



**ADD REGULAR FRIES TO ANY SNACK OR SHARER FOR £2.39**

**DEAL**

# THE MAIN FEATURES

## CHEESE & BACON BURGER

**£8.59**

A beef burger topped with Monterey Jack cheese and bacon in a brioche style bun with crisp lettuce and tomato, served up with fries (1339 kcal)

## BEEF BURGER

**£6.39**

A beef burger in a brioche style bun with crisp lettuce and tomato, served with a side of fries (1139 kcal)

## CHICKEN BURGER

**£6.39**

Breaded chicken burger in a brioche style bun with mayonnaise, crisp lettuce and tomato, served with a side of fries (994 kcal)

## PLANT-BASED BURGER V

**£6.39**

Moving Mountains® burger served in a brioche style bun with crisp lettuce and tomato, served with a side of fries

Want to make it vegan? **VE**

Swap your fries for tortilla chips (948 kcal)

## HOT DOG

**£6.39**

Delicious pork hot dog served in a roll with crispy onions, mustard and ketchup, served with a side of fries (1002 kcal)

# UPGRADES



## ADD BACON

(127 kcal)

**£1.20**

## ADD A CHEESE SLICE V

(74 kcal)

**£1.00**

## ADD 3 ONION RINGS V

(123 kcal)

**£1.00**

## ADD CRISPY ONIONS V

(119 kcal)

**£1.00**



**MMM CRRRISPY**

## DOUBLE UP YOUR BURGER

(from 244 kcal)

**£2.50**

## UPGRADE YOUR FRIES TO SEASONED FRIES V

(+10 kcal)

**£0.20**

**LEVEL UP +++**

Adults need around 2000 kcal per day

Cwmbran

ONE BEEFED-UP BURGER

# KIDS MENU

PERFECT FOR UNDER 10'S

## HOT DOG

A pork hot dog in a soft roll, served with a side of fries (460 kcal)

£4.49

## BEEF BURGER

A beef burger in a sesame seed bun, served with a side of fries (459 kcal)

£4.49

ADD BACON (67 kcal)

£0.65

ADD CHEESE (37 kcal)

£0.60

## CHICKEN BURGER

Two breaded chicken breast fillets in a sesame seed bun with mayonnaise and crisp lettuce, served with a side of fries (521 kcal)

£4.49

## CHICKEN NUGGETS

Tender chicken coated in a light crispy batter, served with a side of fries (399 kcal)

£4.49

## VEGGIE BURGER

Tasty veggies in breadcrumbs in a sesame seed bun, served with a side of fries (405 kcal)

£4.49

## ICE CREAM

Vanilla (180 kcal)

Strawberries & Cream (175 kcal)

Chocolate (203 kcal)

£2.99

# SHAKES & SLUSHIES

## SHAKES

Freshly made to order milkshakes. Choose from:

Vanilla (316 kcal)

Chocolate (339 kcal)

Strawberry (269 kcal)

Banana (297 kcal)

£4.19

## SLUSHY JACK'S

Regular (68 kcal)

Large (91 kcal)

Jug Serves 4 children (85 kcal per serving)

£2.75

£3.15

£7.95

## TANGO ICE BLAST

Regular (39 kcal)

Large (65 kcal)

£3.80

£4.60

Slushy Jack's & Tango Ice Blast contains glycerol. Not recommended for children 4 years of age and under.

UPGRADE YOUR SHAKE!  
ADD A CHOCOLATE BAR  
FROM JUST £1.30

★  
DEAL  
★

# SOFT DRINKS

## DIET COKE OR COCA-COLA ZERO SUGAR

Regular

£2.70

(1 kcal)

Large

£3.05

(1 kcal)

## COCA-COLA CLASSIC

£2.80

(193 kcal)

£3.10

(264 kcal)

## SPRITE ZERO

£2.70

(10 kcal)

£3.05

(14 kcal)

## FANTA

£2.80

(82 kcal)

£3.10

(112 kcal)

## LEMONADE

£2.80

(76 kcal)

£3.10

(105 kcal)

SOFT DRINK SHARER  
JUG FROM £5.45

★  
DEAL  
★

## FRUIT JUICES

Orange (129 kcal)

£2.65

Cranberry (75 kcal)

£2.65

Apple (153 kcal)

£2.65

Pineapple (163 kcal)

£2.65

# BOTTLED DRINKS

## DIET COKE OR COCA-COLA ZERO SUGAR

330ml (1 kcal)

£2.60

## COCA-COLA CLASSIC

330ml (139 kcal)

£2.65

J20 275ml (from 50 kcal)

£3.00

## 7UP FREE

330ml (7 kcal)

£2.50

APPLETISER 275ml (129 kcal)

£3.10

FENTIMANS 275ml

£2.90

Rose Lemonade (50 kcal)

Ginger Beer (61 kcal)

Gently Sparkling Elderflower (55 kcal)

STILL/SPARKLING WATER

330ml (0 kcal)

£2.10

FRUIT SHOOT 275ml (from 11 kcal)

£1.90

CAPRI SUN 200ml (from 14 kcal)

£1.90

# LOW & NO ALCOHOL

CORONA CERO 0.0%

330ml 0.05% ABV (56 kcal)

£3.55

BECKS BLUE

275ml 0.05% ABV (39 kcal)

£3.45

REKORDERLIC  
STRAWBERRY & LIME  
ALCOHOL FREE

500ml 0% ABV (196 kcal)

£4.35

Adults need around 2000 kcal per day



PROUDLY SERVING  
**COSTA**  
COFFEE

HELLO CAFFEINE,  
MY OLD FRIEND

## ESPRESSO

Small

£2.20

(6 kcal)

Medium

£2.60

(12 kcal)

## CAPPUCCINO

£3.30

(123 kcal)

£3.60

(154 kcal)

## LATTE

£3.30

(96 kcal)

£3.60

(151 kcal)

## AMERICANO

£2.80

(12 kcal)

£3.10

(18 kcal)

## MOCHA

£3.45

(182 kcal)

£3.75

(231 kcal)

## HOT CHOCOLATE

£3.35

(182 kcal)

£3.65

(298 kcal)

## ENGLISH BREAKFAST TEA

£2.55

(1 kcal)

## CRANBERRY AND RASPBERRY OR PEPPERMINT TEA

£2.55

(6 kcal)

## ICED AMERICANO

£3.10

(44 kcal)

## ICED LATTE

£3.60

(144 kcal)

Add an extra shot of coffee or a flavoured syrup for only an extra 50p each

← NICE SHOT



STRIIIIIIIKE!

## MOCKTAILS

### STRAWBERRY MOCK-JITO

£4.15

An awesome creation of peach, strawberry, cranberry and lemon. Enjoy! (71 kcal)

### MOCK-JITO

£4.15

A refreshing burst of lemons, lime and mint (60 kcal)

### MANGO & PASSION FRUIT PUNCH

£4.15

A tropical explosion of mango, passion fruit and oranges topped with soda (83 kcal)

## COCKTAILS

### MOVIE STAR MARTINI

£5.95

A spin on the classic passion fruit martini, mixed with vodka and a twist of lush vanilla

### HOLLY-WOO!

£5.95

This fruity little mouthful blends juicy peach, strawberry, and cranberry with a kick of vodka

### CLASSIC MOJITO

£5.95

The full minty. What more do we need to say?

### BOWLED OVER

£5.95

This might help with your aim, but it might not! Rum and a splash of Blue Bols, lime and dressed with fresh mint. You've already won!

### STRIKE!

£5.95

This deep green concoction blends exotic mango, passion fruit, vodka and orange juice

SHARING COCKTAILS  
FOR £9.50

★  
DEAL  
★

## BEERS & CIDERS



### TAP

CARLING 4% ABV

£3.95

COORS 4% ABV

£4.15

BUDWEISER 4.5% ABV

£4.60

STAROPRAMEN 5% ABV

£4.65

CARLING CIDER 4.5% ABV

£3.95

CARLING DARK FRUITS

£4.55

4% ABV

GUINNESS 4.2% ABV

£4.15

All of our draught beers and ciders are available in a four pint pitcher

### WE RECOMMEND

MADRI EXCEPCIONAL 4.6% ABV £4.55

Full of flavour and aroma, Madri is crisp, clean and refreshing with a short, bitter finish

### BOTTLED

ANY 4 BOTTLED  
BEERS FOR £13.75

★  
DEAL  
★

CORONA 330ml 4.5% ABV

£4.25

STELLA UNFILTERED

£4.25

330ml 5% ABV

BUDWEISER 330ml 4.5% ABV

£4.30

CAMDEN HELLS 330ml 4.6% ABV

£4.45

PERONI 330ml 5% ABV

£4.10

DOOM BAR 500ml 4.3% ABV

£4.05

PUNK IPA 330ml 5.4% ABV

£4.45

DESPERADOS 330ml 5.9% ABV

£4.00

MAGNERS 568ml 4.5% ABV

£4.75

REKORDERLIC 500ml 4% ABV

£4.75

WKD BLUE 275ml 3.4% ABV

£4.10

SMIRNOFF ICE 275ml 4% ABV

£4.20

Adults need around 2000 kcal per day

Cwmbran

# THAT'S THE SPIRIT

SLUURP!

DOUBLE UP AND SAVE £1

★  
DEAL  
★

## GIN

### WHITLEY NEILL

**Rhubarb & Ginger** £3.75

Infused with ginger, the perfect match!  
*Pairs perfectly with Fentimans  
Ginger Beer*

**Raspberry** £3.75

A perfectly balanced gin with a  
delicate, fruity taste and a lasting  
citrus and raspberry flavour

**TANQUERAY** £3.70

**FLOR DE SEVILLA**

**BOMBAY SAPPHIRE** £3.35

**GORDON'S**

**London Dry** £3.25

**Pink** £3.35

With notes of strawberries,  
raspberries and juniper berries  
*Team it with Fever-Tree Refreshingly  
Light Tonic Water for the perfect  
sweet and fruity G&T*

## VODKA

**SMIRNOFF** £3.30

*Goes perfectly with Red Bull  
for a burst of energy*

**SMIRNOFF** £3.40

**RASPBERRY CRUSH**

Exceptionally smooth, with the fruity  
and succulent taste of juicy raspberries

**GREY GOOSE** £4.05

**CIROC** £4.15

## RUM

← YO-HO-HO

**BACARDI** £3.20

**CAPTAIN MORGAN DARK** £3.25

Captain Morgan Dark Rum is all about  
rich caramel, aged oak, sweet dark  
brown sugar, oozy toffee, and ripe  
banana flavours

**CAPTAIN MORGAN SPICED** £3.30

**KRAKEN** £3.55

## WHISKEY

**JACK DANIEL'S** £3.25

**OLD NO. 7 TENNESSEE**

With aromas of sweet vanilla, this is  
a smooth, full-bodied whiskey, with  
flavours of orange, brown sugar and  
spice, and a long rich finish

**JACK DANIEL'S** £3.25

**TENNESSEE APPLE**

**JAMESON** £3.45

## MIXERS

**FEVER-TREE**

**Indian Tonic Water** £2.75

200ml (60 kcal)

**Refreshingly Light** £2.65

**Tonic Water**

200ml (30 kcal)

**RED BULL** £3.35

250ml (115 kcal)

If you can't see your favourite spirit or  
mixer, ask our team as there's plenty  
more behind the bar.



GRAB ANY 4 OF  
THESE FOR £10\*

★  
DEAL  
★

**ANTICA** £2.90

**CLASSIC SAMBUCA**

**SOURZ** £2.90

**TEQUILA ROSE** £3.10

**JOSE CUERVO** £3.25

**GOLD TEQUILA**

**JÄGERMEISTER** £3.00

**AFTER SHOCK** £2.90



# PLANET OF THE GRAPES

## WHITE

**MOUNTAIN RANGE** £4.05

**SAUVIGNON BLANC**

175ml 12% ABV

Refreshingly fruity with apple  
and melon flavours, as well  
as a burst of citrus

**Buy me as a Bottle** £15.40

## RED

**MOUNTAIN RANGE** £4.05

**MERLOT**

175ml 13.5% ABV

Slightly spicy, with a smooth  
body and classic flavours of  
cherry and plum

**Buy me as a Bottle** £15.40

## ROSÉ

**MOUNTAIN RANGE** £4.05

**ROSÉ**

175ml 12% ABV

Vivid pink rosé with  
luscious summer fruits  
and floral notes

**Buy me as a Bottle** £15.40

## SPARKLING

**FREIXENET**

**PROSECCO**

11% ABV

Clean and fresh with lemon,  
apple and grapefruit notes

20cl Bottle £7.55

75cl Bottle £23.25

**CASILLERO DEL** £4.15

**DÍABLO PINOT GRIGIO**

175ml 12% ABV

A crisp and refreshing white  
wine with subtle pear and  
citrus flavours

**Buy me as a Bottle** £16.60

**TRIVENTO TRIBU** £4.15

**MALBEC**

175ml 13.5% ABV

A vibrant and fresh Malbec  
with smooth red fruit and  
berry flavours

**Buy me as a Bottle** £16.60

**CASILLERO DEL** £4.15

**DÍABLO ROSÉ**

175ml 12.5% ABV

A beautifully pale pink rosé with  
light red berry notes and a hint  
of watermelon

**Buy me as a Bottle** £16.60

**FREIXENET**

**ITALIAN SPARKLING ROSÉ**

11% ABV

Fresh and fruity with the  
delicate aroma of red fruits

75cl Bottle £25.25

Adults need around 2000 kcal per day



GET YOUR CAFFEINE KICK WHILST KEEPING COOL

# ICED COFFEE FROM COSTA COFFEE



## CUSTOMISE YOUR ICED DRINK

**ADD ONE OF  
OUR FLAVOURED  
SYRUPS TO IT FOR  
ONLY 50P EXTRA.**

Choose from:  
Hazelnut (50 kcal)  
Vanilla (41 kcal)  
Caramel (51 kcal)



## ORANGE SPRITZ

A zesty, bubbly white wine based drink with hints of tangy marmalade served over ice for the ultimate refreshment.

8% ABV



## CRISP AND REFRESHING.

## T&C'S

The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. We ensure that the calorie information provided is as accurate as possible and correct at the time of publishing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information.

**🌱 Suitable for vegetarians. However, these products are not handled or cooked in a dedicated vegetarian kitchen.**

**🌱 Suitable for vegans. However, these products are not handled or cooked in a dedicated vegan kitchen.**

^ BBQ Sauce may contain traces of alcohol. Meat & poultry dishes may contain bones.

\* 4 for £10 shot offer is available on Antica Sambuca, Sourz, Aftershock, Jägermeister, Tequila Rosé & José Cuervo Gold Tequila only.

Where a Halal menu is served, Halal products may not be cooked separately from non-Halal products, please ask our team for more information.

While we endeavour to purchase only GM Free products, we cannot guarantee this status. All products are subject to availability. All prices include VAT at the current rate. If you wish to give feedback, please speak to a member of our management team. Alcohol served to over 18's only. Proof of age may be required when asked. All % alcohol volume figures are correct at the time of printing, however these can change throughout the year. Please ask one of the team to see the bottle labels for up to date information.

Slushy Jack's & Tango Ice Blast contains glycerol. Not recommended for children 4 years of age and under.

### Allergy Information

**Scan this QR code to view our full allergen information.**

If you have a food allergy, you should inform your server so we can provide information on ingredients which may cause an allergic reaction or intolerance and minimise the risk of cross contamination during the preparation and service of your food. The same equipment may be used to cook meat and non-meat products and multiple allergenic ingredients, therefore if you have a severe allergy we cannot guarantee that the food served is free from that allergy. Ingredients can occasionally be substituted or changed at short notice so please review the allergy information at the time of your visit and check with your server when you order.

As we serve nuts, we cannot guarantee that every product is 100% nut free or that there won't be traces of nuts around the centre, including at the lanes or course.



Adults need around 2000 kcal per day

Cwmbran